



Faut-il prescrire des Ddimères dans la suspicion de dissection aortique ?

Xavier Bobbia

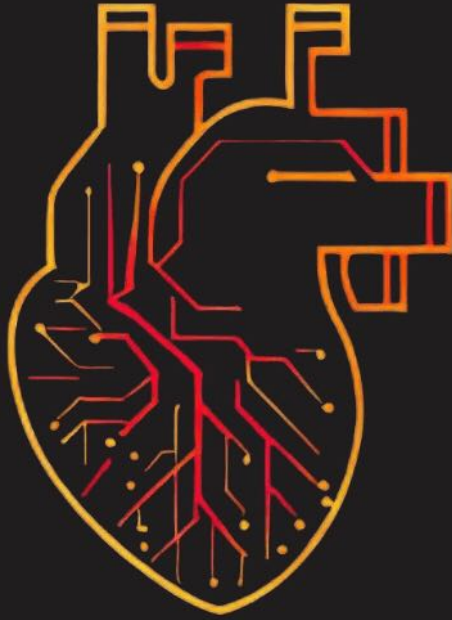


Conflits d'intérêt



GE HealthCare

	MICU patients (<i>n</i> = 187)
Unknown	56 (30)
STEMI	19 (10)
NSTEMI	29 (15.5)
Aortic dissection	5 (3)
Myocarditis or/and pericarditis	4 (2)
Pulmonary embolism	6 (3)
Pneumonia	–
Pneumothorax	–
Pleurisy	22 (12)
Anxiety	22 (12)
Musculoskeletal	3 (2)
Neuropathic	5 (3)
Gastritis	1 (0.5)
Pancreatitis	5 (3)
Stable angina	4 (2)
Heart failure	6 (3)
Gastrointestinal	–
Other infectious disease	–
Other	–
Missing data	–
In-hospital mortality	3 (2)



Chest pAIIn

13 155 patients sur un an

8 centres

50 SAA (0,38 %)



50 SAA (0,38 %)

9 (18%) externes

dont 4 (44%) décédé à J1



ESC

European Society
of Cardiology

European Heart Journal (2024) **45**, 3538–3700

<https://doi.org/10.1093/eurheartj/ehae179>

ESC GUIDELINES

2024 ESC Guidelines for the management of peripheral arterial and aortic diseases

Developed by the task force on the management of peripheral arterial and aortic diseases of the European Society of Cardiology (ESC)

Endorsed by the European Association for Cardio-Thoracic Surgery (EACTS), the European Reference Network on Rare Multisystemic Vascular Diseases (VASCERN), and the European Society of Vascular Medicine (ESVM)

In patients presenting with clinical features compatible with possible AAS, a multiparametric algorithm for ruling in or out AAS using the ADD-RS is recommended.^{1196–1200}

I

B

Clinical suspicion of AAS: determine ADD-RS^a

Aortic dissection detection-risk score (ADD-RS)^a

High-risk condition

- Marfan syndrome
- Family history of aortic disease
- Known aortic valve disease
- Recent aortic manipulation
- Known aortic aneurysm

If one present = 1 ADD-RS point

High-risk pain feature

- Chest, back, or abdominal pain described as abrupt onset, severe intensity, or ripping/tearing

If present = 1 ADD-RS point

High-risk examination feature

- Haemodynamic instability (hypotension/shock)
- Perfusion deficit (pulse deficit, differential systolic blood pressure)
- Focal neurological deficit
- New AR murmur

If one present = 1 ADD-RS point

High risk: ADD-RS ≥ 2

CCT neck-pelvis without delay
and/or focused TTE^a + ECG

Low risk: ADD-RS < 2

ECG: exclude STEMI (2023 ESC ACS Guidelines)

Chest X-Ray and laboratory test and POCUS (if available)

POCUS

Chest X-Ray

D-dimer

D-dimer and
chest X-Ray

+

+

+

-

CCT

+

-

AAS confirmed

AAS excluded

Consider
alternative
diagnosis

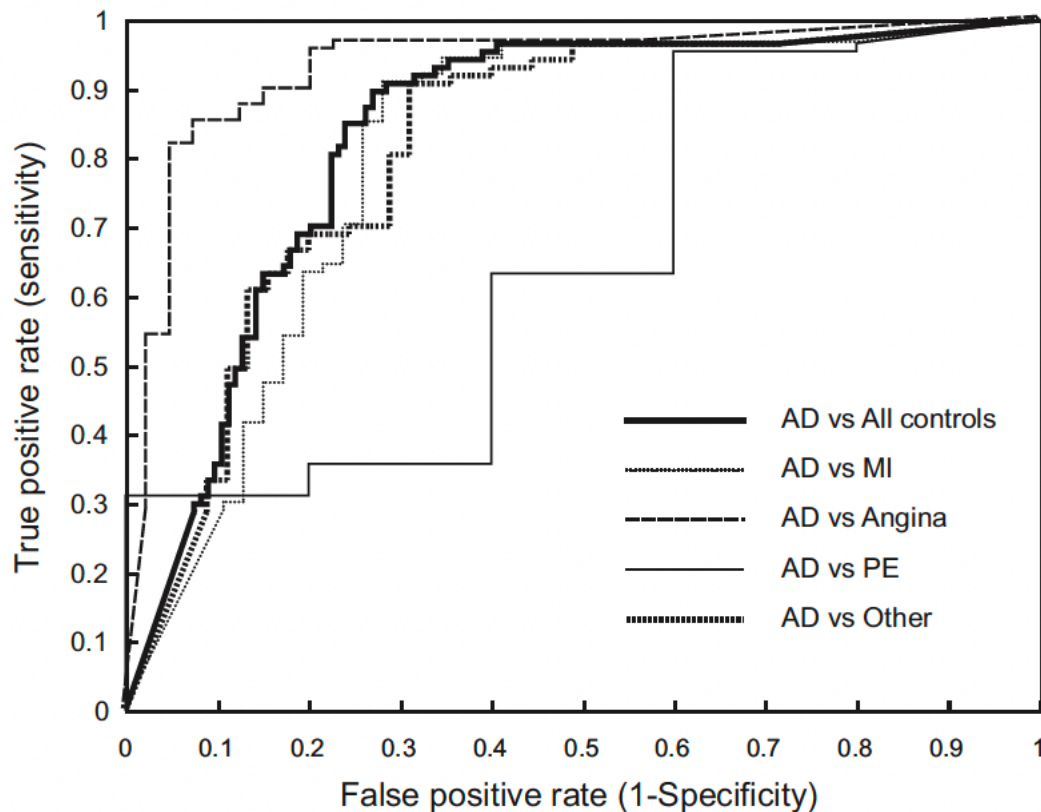
Diagnosis of Acute Aortic Dissection by D-Dimer

The International Registry of Acute Aortic Dissection Substudy on Biomarkers (IRAD-Bio) Experience

Toru Suzuki, MD; Alessandro Distanto, MD; Antonella Zizza, MS; Santi Trimarchi, MD; Massimo Villani, MD; Jorge Antonio Salerno Uriarte, MD; Luigi De Luca Tupputi Schinosa, MD; Attilio Renzulli, MD; Federico Sabino, MD; Richard Nowak, MD; Robert Birkhahn, MD; Judd E. Hollander, MD; Francis Counselman, MD; Ravi Vijayendran, PhD; Eduardo Bossone, MD; Kim Eagle, MD; for the IRAD-Bio Investigators

220 suspicions de SAA
(indication d'imagerie)

87 (40%) SAA



Se

0,97

Sp

0,47

0,39

0,62

0,2

Autres Dc

SCA

Angor

EP

Selon Suzuki et al. Circulation 2009



Méta analyse 22 études 5000 patients

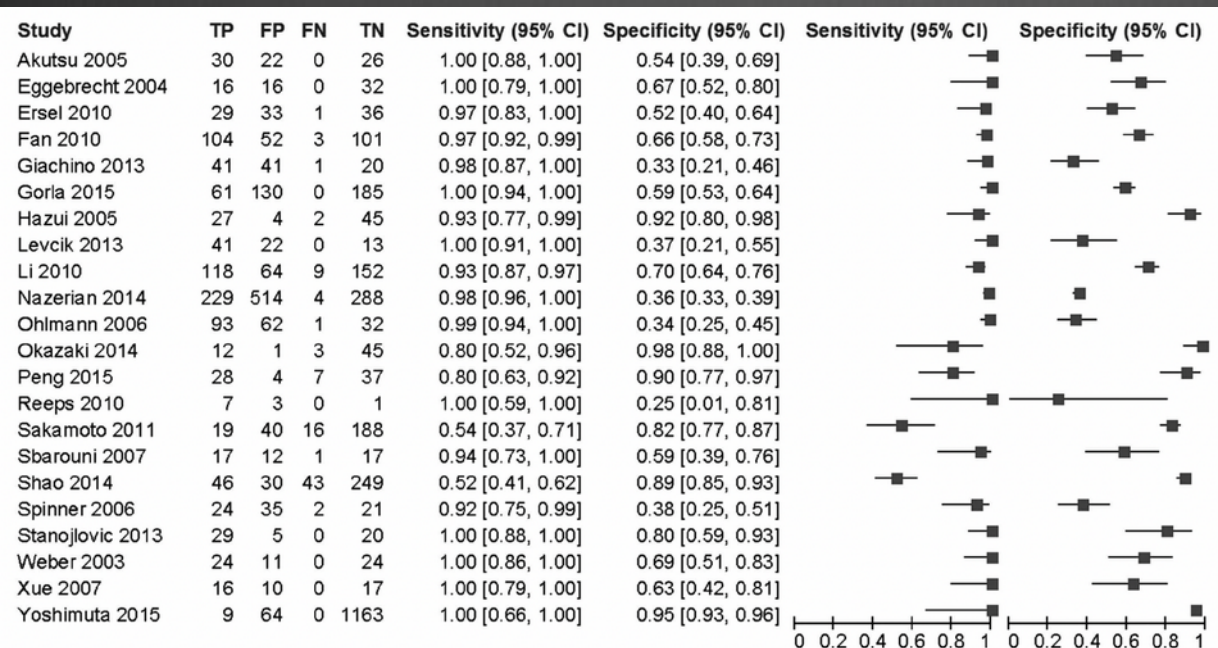


Figure 2. A paired forest plot by D-dimer for acute aortic dissection. TP: true positive. FP: false positive. FN: false negative. TN: true negative.

AUC
0,95
(95%CI 0,90–099)

95%

Méta analyse 12 études 2827 patients

Seuil 500 ng mL⁻¹

60%

RV+ = 2.4 (95% CI 1.8–3.3)

RV- = 0.079 (95% CI 0.036–0.172)

Se

Sp

Clinical suspicion of AAS: determine ADD-RS^a

Aortic dissection detection-risk score (ADD-RS)^a

High-risk condition

- Marfan syndrome
- Family history of aortic disease
- Known aortic valve disease
- Recent aortic manipulation
- Known aortic aneurysm

If one present = 1 ADD-RS point

High-risk pain feature

- Chest, back, or abdominal pain described as abrupt onset, severe intensity, or ripping/tearing

If present = 1 ADD-RS point

High-risk examination feature

- Haemodynamic instability (hypotension/shock)
- Perfusion deficit (pulse deficit, differential systolic blood pressure)
- Focal neurological deficit
- New AR murmur

If one present = 1 ADD-RS point

High risk: ADD-RS ≥ 2

CCT neck-pelvis without delay
and/or focused TTE^a + ECG

Low risk: ADD-RS < 2

ECG: exclude STEMI (2023 ESC ACS Guidelines)

Chest X-Ray and laboratory test and POCUS (if available)

POCUS

Chest X-Ray

D-dimer

D-dimer and
chest X-Ray

+

+

+

-

CCT

+

AAS confirmed

-

AAS excluded

Consider
alternative
diagnosis

Clinical suspicion of AAS: determine ADD-RS^a

Aortic dissection detection-risk score (ADD-RS)^a

High-risk condition

- Marfan syndrome
- Family history of aortic disease
- Known aortic valve disease
- Recent aortic manipulation
- Known aortic aneurysm

If one present = 1 ADD-RS point

High-risk pain feature

- Chest, back, or abdominal pain described as abrupt onset, severe intensity, or ripping/tearing

If present = 1 ADD-RS point

High-risk examination feature

- Haemodynamic instability (hypotension/shock)
- Perfusion deficit (pulse deficit, differential systolic blood pressure)
- Focal neurological deficit
- New AR murmur

If one present = 1 ADD-RS point

High risk: ADD-RS ≥ 2

CCT neck-pelvis without delay and/or focused TTE^a + ECG

Low risk: ADD-RS < 2

ECG: exclude STEMI (2023 ESC ACS Guidelines)

Chest X-Ray and laboratory test and POCUS (if available)

POCUS

Chest X-Ray

D-dimer

D-dimer and chest X-Ray

+

+

+

-

CCT

+

-

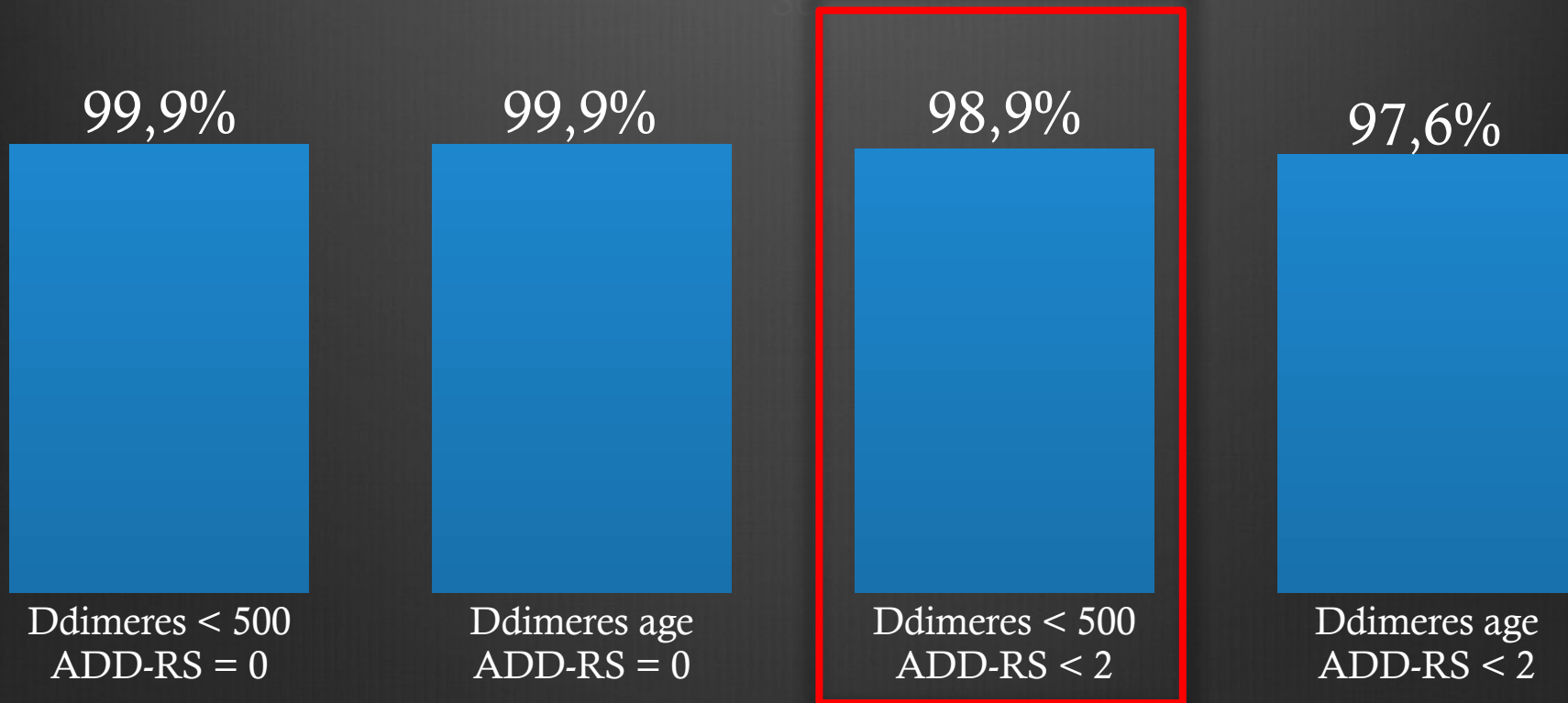
AAS confirmed

AAS excluded

Consider alternative diagnosis

Revue systématique 4 études 3804 patients

Se



Clinical suspicion of AAS: determine ADD-RS^a

Aortic dissection detection-risk score (ADD-RS)^a

High-risk condition

- Marfan syndrome
- Family history of aortic disease
- Known aortic valve disease
- Recent aortic manipulation
- Known aortic aneurysm

If one present = 1 ADD-RS point

High-risk pain feature

- Chest, back, or abdominal pain described as abrupt onset, severe intensity, or ripping/tearing

If present = 1 ADD-RS point

High-risk examination feature

- Haemodynamic instability (hypotension/shock)
- Perfusion deficit (pulse deficit, differential systolic blood pressure)
- Focal neurological deficit
- New AR murmur

If one present = 1 ADD-RS point

High risk: ADD-RS ≥ 2

CCT neck-pelvis without delay and/or focused TTE^a + ECG

Low risk: ADD-RS < 2

ECG: exclude STEMI (2023 ESC ACS Guidelines)

Chest X-Ray and laboratory test and POCUS (if available)

POCUS

Chest X-Ray

D-dimer

D-dimer and chest X-Ray

+

+

+

-

CCT

+

AAS confirmed

-

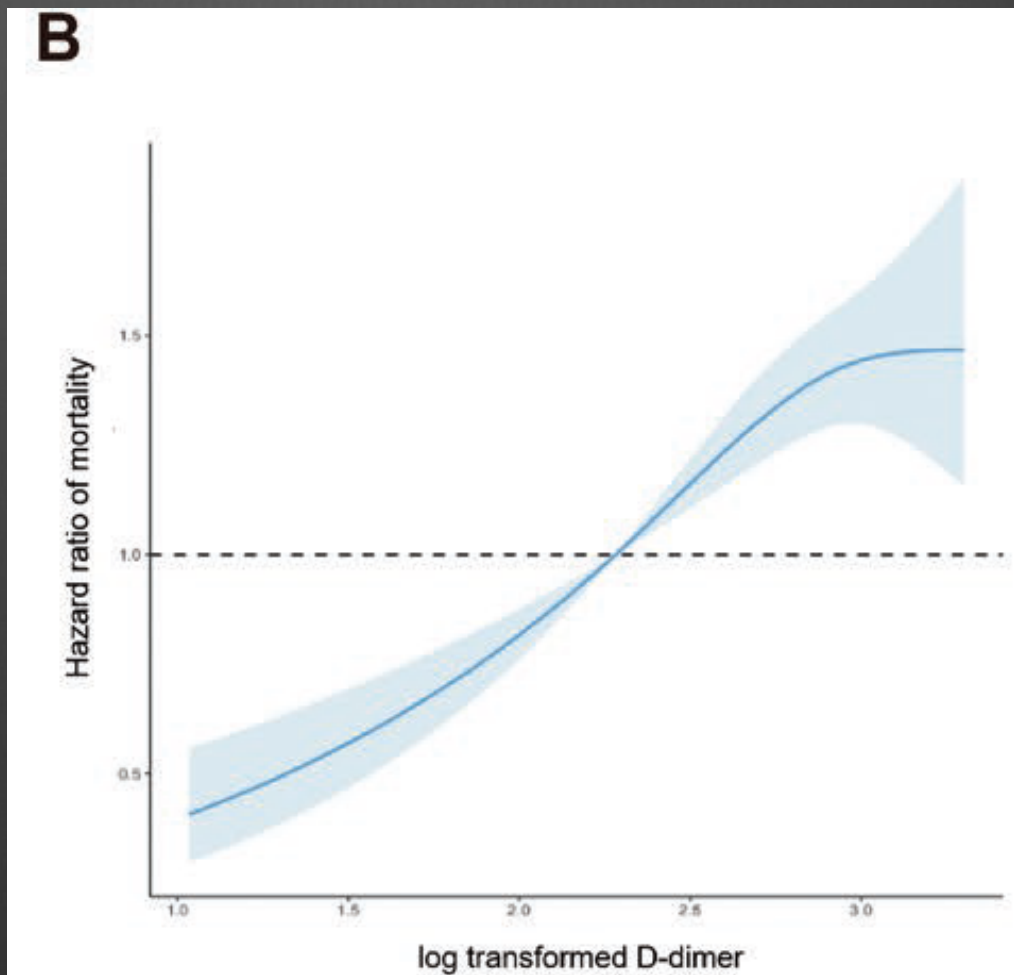
AAS excluded

Consider alternative diagnosis

Intérêt pronostic ?

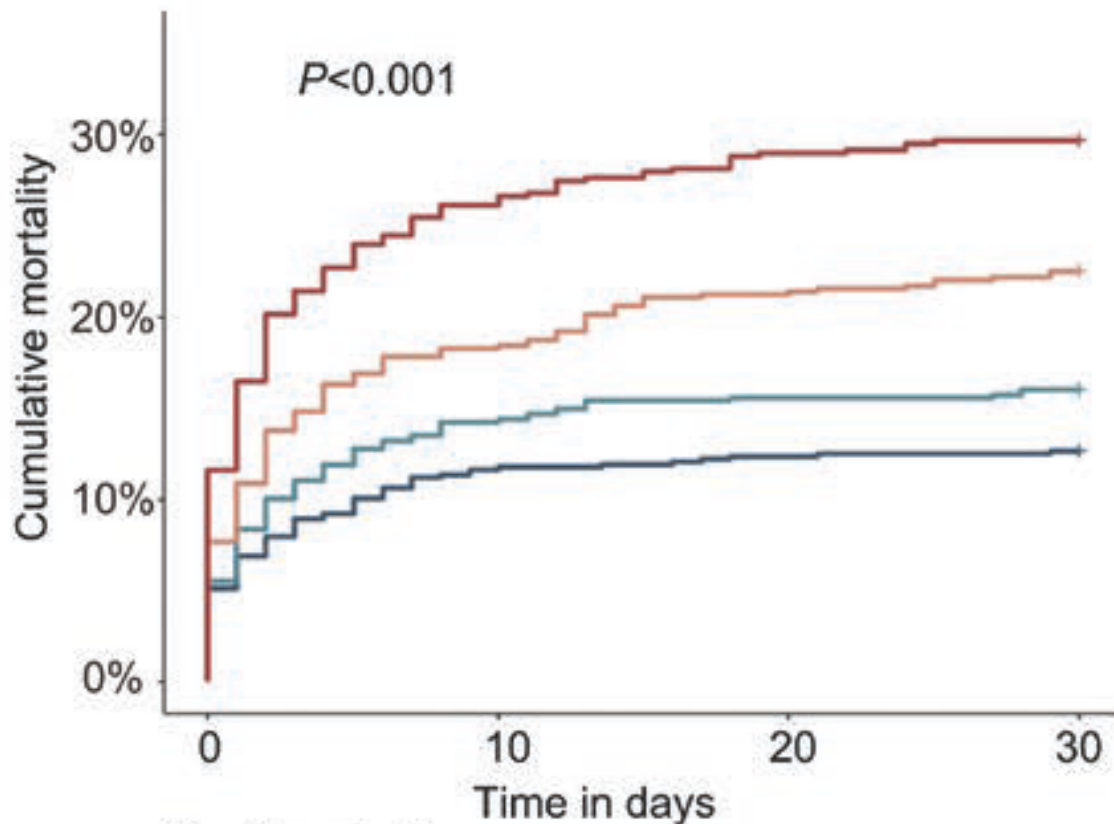
3132 SAA type A

Dimères et mortalité hospitalière



Intérêt pronostic ?

D



Q4 – 20000 ng mL⁻¹

Q4 – 4210 ng mL⁻¹

Q4 – 1910 ng mL⁻¹

Q4 – 720 ng mL⁻¹



Faut-il prescrire des Ddimères dans la suspicion de dissection aortique ?

Non

Chez les patients
avec forte suspicion

Oui

Chez les patients
avec faible suspicion

Seuil 500 avec Rx et ECMU